



FAQs

What is The Central Bedfordshire SHEU survey?

The survey is our local version of an established survey developed by the Schools Health Education Unit (SHEU) originally based at the University of Exeter. The Central Bedfordshire Council Public Health team have been commissioning these surveys over several years: 2014, 2017 and 2019, and a specific Emotional Health & Wellbeing Survey in 2015.

In 2019 a total of 8,822 pupils from 85 schools in Central Bedfordshire took part in the survey. This represented a 60% increase in the number of respondents compared to the previous survey in 2017. The survey is funded in full by Public Health in Central Bedfordshire and is offered free to all Central Bedfordshire maintained schools and colleges. In 2021 the survey will be completed online and continues to ask a range of questions about pupil's perceptions of their own health and wellbeing; there are limited paper copies available if schools/colleges are unable to complete the survey online.

Which areas does the survey cover?

- Drugs and alcohol
- Happiness and worries
- Impact of COVID-19
- Physical activity
- Relationships
- Resilience
- Sexual Health
- Smoking

Why participate?

The quality of the data collected is considered to be very robust, and will:

- inform the development of school policies, curriculum priorities and interventions in line with the things that matter most to pupils
- identify the effects of COVID-19 on young people's mental health and wellbeing in your setting, enabling you to target support where needed;
- provide evidence of good practice for Ofsted inspections;
- inform a whole school approach to the health and wellbeing of pupils, reducing absenteeism and enabling children and young people to reach their academic potential;
- help the Council and its partners to plan for the provision of services to meet local need;
- enable comparisons with the findings from the Central Bedfordshire SHEU Surveys in 2014, 2017 and 2019, and with survey finding in other local authorities, and will help to identify any significant emerging trends.

Who is involved?





We are inviting all schools, colleges, and special schools in Central Bedfordshire with pupils in Years; 4; 6; 8; 10; and 12 to participate. We would like all pupils in these year groups in your setting to take part. Combined year groups may also take part.

There are 3 age-appropriate versions of the survey:

1. Year 4 and Year 6 (primary)
2. Years 8, 10 and 12 (secondary)
3. Special Schools

Are school/college results confidential?

Yes: pupil-level information is non-identifiable, although the setting will be alerted to any information raising child protection concerns in any year group.

School/college-level data will be confidential, and only key officers within the Council's Public Health team will have access to school/college-level data.

However, **schools/colleges are encouraged to share their data** with:

- all staff, parents/carers, and pupils;
- other schools/colleges in the cluster;
- the School Improvement team;
- their named School Nurse;
- the setting's Child Adolescent Mental Health (CAMH) Practitioner, to discuss a whole school/college approach to the health and wellbeing of pupils.



Privacy Notice – school surveys



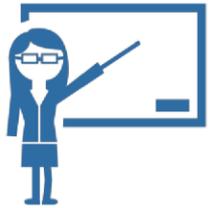
1. Who are you?

We are a research unit in South-West England. We have been asked by the school or the Council to help collect information from young people. www.sheu.org.uk

2. What will I be asked?

You will be asked about your habits and feelings, and other important things about you.

You will not be asked for your name or address, and please don't tell us!



3. Why do you want to know this?

The reports are used to plan lessons and services for young people, and to see what has changed since the last survey.

The school will see if your lessons fit in with what you and other young people tell us. We want to be sure what we are doing is right.

4. How will you use my information?

We will send reports to schools and the Council, showing them how many pupils gave different answers. The reports might say things like:

- 30% of pupils in this school had cereal for breakfast, but in the whole County the figure was 40%



5. How will you collect this information?

We are going to ask you questions in a questionnaire, on a website or in a printed booklet.



6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.



7. Are you allowed to do this? ('legal basis for processing')

The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').

8. Who gets to see the information?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. No-one in your school sees your answers.

BUT if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we can't find out who you are.



9. What's next?



If you agree with all this, please tick the box at the start of the survey. If not, don't take part.

You can leave out any questions you don't want to answer, and you can stop at any time.

Later, if you want to see what we know about you, you can ask, and you can tell us to delete it. But remember, we might not be able to find your answers.